

January

2026



Metz BV & Winchester Lunch

CULINARY MANAGEMENT

Lunch:

Clients may choose between the main entree, a Peanut Butter and Jelly Sandwich, or a Deli Sandwich.

Alternative menus for Client's special dietary needs are available

Fat free, 1% and Chocolate milk are available

If you have special requests or concerns please ask your server or see contact information below:

Drew Landenburger, MS, CNS
Dietitian
540-955-2400 ext. 7244
andrew.c.landenburger@grifton.org

Jana Hobbs
Richmond Kitchen
(804) 674-8888 ext. 5133

James DeGaetano
(540) 955-2400 ext. 7210

Lucinda Windham, RD, GM
lucinda.a.windham@grifton.org
540-486-6338

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 BBQ Rib Sandwich French Fries BBQ Baked Beans Peaches Choice of Milk	2 Cheeseburger Casserole Smokey Cauliflower Onion Rings Applesauce Choice of Milk	3 General Tso's Chicken Lo Mein Noodles Broccoli Fresh Fruit Choice of Milk
4 Cheeseburger Lettuce, Tomato, Pickle Slices French Fries Fruit Cocktail Choice of Milk	5 BBQ Chicken Corn Casserole Butter Roll Pineapple Chunks Choice of Milk	6 Chili (BV) Hot Dog (RBC) Corn Bread Loaded Baked Potato w/ Sour Cream, Butter, Cheese, Bacon Bits Fresh Fruit Choice of Milk	7 Sweet & Sour Chicken Asian Vegetables White Rice (BV) Noodles (RBC) Fresh Fruit Choice of Milk	8 Steak and Cheese Sub Peppers & Onions French Fries Applesauce Choice of Milk	9 Cheese Pizza Antipasta Salad Tropical Fruit Cup Caramel Apple Dump Cake Choice of Milk	10 Spaghetti & Meat Balls w/ Spaghetti Sauce Garlic Knot Italian Veggies Fresh Fruit Choice of Milk
11 Chicken Tenders French Fries Creamed Spinach Applesauce Choice of Milk	12 Grilled Cheese Sandwich Tomato Soup (BV) Fried Pickles (RBC) Roast Broccoli Pears Choice of Milk	13 Corn Dog Buttered Noodles Garlic Roasted Broccoli Peaches Choice of Milk	14 Chicken Mashed Potato & Gravy Bowl Corn Butter Roll Peaches Choice of Milk	15 Cheeseburger Lettuce, Tomato Pickle Slices Sidewinder Fries Corn Chowder (BV) Corn (RBC) Fresh Fruit Choice of Milk	16 Fish Sticks Roast Butternut Squash Mac & Cheese Hushpuppies Applesauce Choice of Milk	17 Beef & Cheese Quesadilla Salsa Sour Cream Red Beans & Rice Applesauce Iced White Cake Choice of Milk
18 Corn Dog Bites w/ Cheese Sauce Onion Rings Lentils w/ Roasted Veggies Applesauce Choice of Milk	19 Boneless Wings w/ Choice of Sauce (BBQ, Honey Mustard, Buffalo) Smokey BBQ Beans Wedge Salad Bowl (BV) Celery w/ Ranch (RBC) Fresh Fruit Choice of Milk	20 Turkey Tacos Salsa Cheese Shredded Lettuce Corn White Rice (BV) Roll (RBC) Fresh Fruit Choice of Milk	21 Chicken Parmesan Pasta w/ Marinara Italian Veggies Garlic Bread Applesauce Double Chocolate Cookie Choice of Milk	22 Cheese Burger Lettuce, Tomato Pickle Slices Tater Tots Roast Broccoli Fresh Fruit Choice of Milk	23 Pepperoni Pizza Caesar Salad Baby Carrots w/ Ranch Jello Diced Peaches Choice of Milk	24 Chicken Nachos Salsa Sour Cream Corn Fresh Fruit Choice of Milk
25 Grilled Chicken Mac & Cheese Green Beans French Fries Applesauce Choice of Milk	26 Meatball Sub Marinara Sauce Steak Fries Garden Salad Mandarin Oranges Cheesecake Bar Choice of Milk	27 Grilled Chicken & Bacon Sandwich Mac & Cheese Steamed Broccoli Fresh Fruit Choice of Milk	28 Spaghetti & Meatsauce Parmesan Cheese Parm Roasted Zucchini Mozzarella Stuffed Breadstick Applesauce Choice of Milk	28 Chicken Tenders Carrots the Good Way Potato Soup (BV) French Fries (RBC) Warm Spiced Apples Choice of Milk	30 Hot Dog Street Eats! Chili Cheese Fries Corn Nuggets Choice of Milk	31 Butter Chicken Seasoned Green Beans White Rice Naan Bread Papaya Mango Fruit Cup Choice of Milk